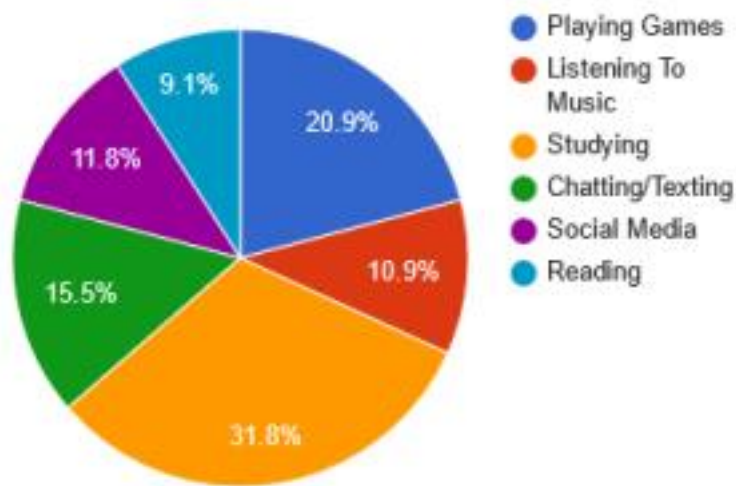# My Internet Journal - KEREM TERZİ

MAY:

In May, as it was nearly the end of
school, I had to study for the upco
ming exams. I used the internet
mostly for watching educational
videos that will help with my exams.

In total, I spent about 86 hours online,
which can be converted to about 21.5
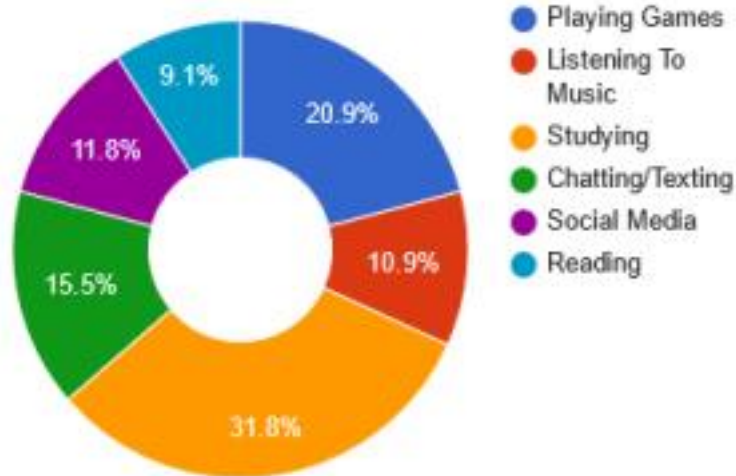hours per week and 2.8 hours per day.

I used my computer for about 37 hours,
and my phone for 49 hours.

Most of my time, although not by a lot, was used to study (About 27.5 hours),
then playing games (About 18 hours), then chatting/texting (About 13.3 hours),
then social media such as YouTube and Discord (About 10.1), after that,
listening to music on Spotify (About 9.3 hours)
And lastly, reading (for about 7.8 hours).

I Spent My Time;

- Playing Games
- Listening To Music
- Studying
- Chatting/Texting
- Social Media
- Reading

20.9% — Playing Games
10.9% — Listening To Music
31.8% — Studying
15.5% — Chatting/Texting
11.8% — Social Media
9.1% — Reading

I Spent My Time;

- Playing Games — 20.9%
- Listening To Music — 10.9%
- Studying — 31.8%
- Chatting/Texting — 15.5%
- Social Media — 11.8%
- Reading — 9.1%

JUNE:

As schools were very close to closing and we had no more schoolwork, my computer usage skyrocketed. And because of this, my time spent playing games and other entertaining activities also skyrocketed, along with my general internet usage time.
Nevertheless, I did study here and there to revise the subjects and to not forget what I've learned.

In total, I spent about 123 hours online, which is definitely a big increase from last month.
123 hours comes to 30.75 hours a week and 4.1 hours a day. I used my

computer for 75 hours and my phone for 48.

This month, most of my time was spent on playing games (38.13 hours), then chatting/texting (26.32 hours), then listening to music (22.5 hours), then social media (17.6 hours), then reading (9.7 hours.), and lastly studying (8.7 hours).

I Spent My Time;

- Playing Games
- Listening To Music
- Studying
- Chatting/Texting
- Social Media
- Reading

31%

18.3%

7.1%

21.4%

14.3%

7.9%
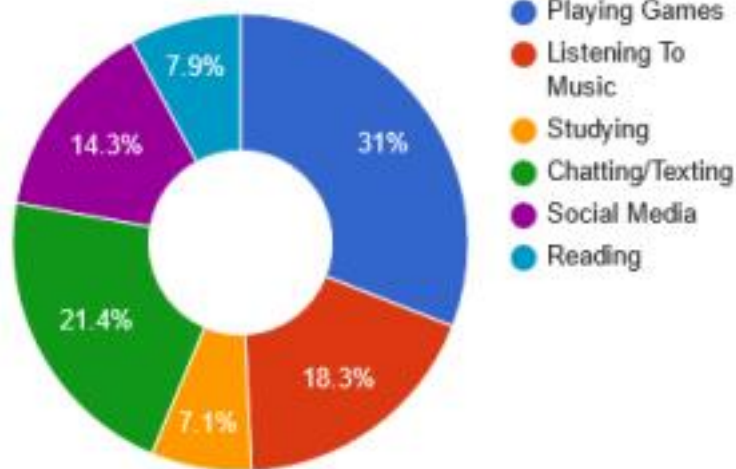
JULY:

In July, we entered the summer break, which increased my usage of the internet even more. I also went out way more often than the last 2 months.

This month, I spent 134 hours, which is 33.5 hours per week and 4.46 hours per day.

I spent 91 hours on my computer and 42 hours on my phone.

This month, from most to least, I spent my time: playing games (35.7 hours), then listening to music (25 hours), then chatting/texting (23.3 hours), then social media (20.7 hours), then reading (16.6 hours), and lastly studying (12.4).

I Spent My Time;

- Playing Games
- Listening To Music
- Studying
- Chatting/Texting
- Social Media
- Reading

26.7%
18.6%
9.3%
17.4%
15.5%
12.4%
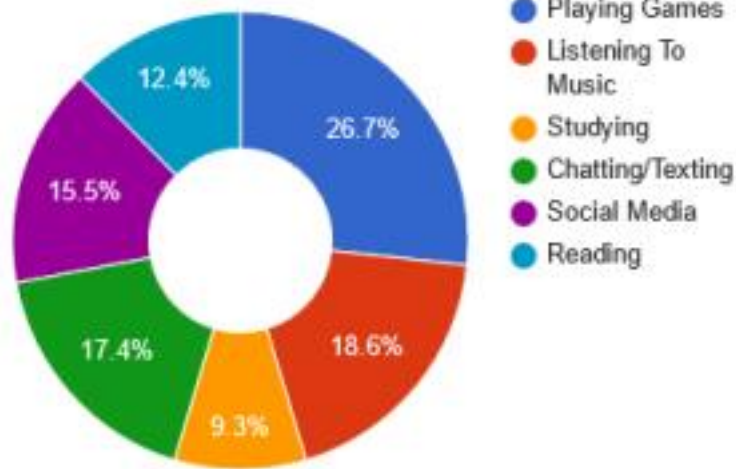
AUGUST:

In this month, it was very hot and dry Outside. Because of this, I didn't go out as much, which once again made my internet usage skyrocket.
I call this month my resting month, where I just did what I wanted with minimal studying.

During this month I spent the immense amount of: 186 hours, which is 46.5 hours per week and 6 hours per day.

I spent 143.22 hours on my computer and 42.78 hours on my phone.

This month, most of my time was spent on playing games (68.2 hours) again. Then, chatting/texting (31.6 hours). After that comes listening to music (29 hours), and then, social media (24 hours), then reading (20.3 hours), and lastly studying (12.6 hours).

SEPTEMBER:

Schools started this month
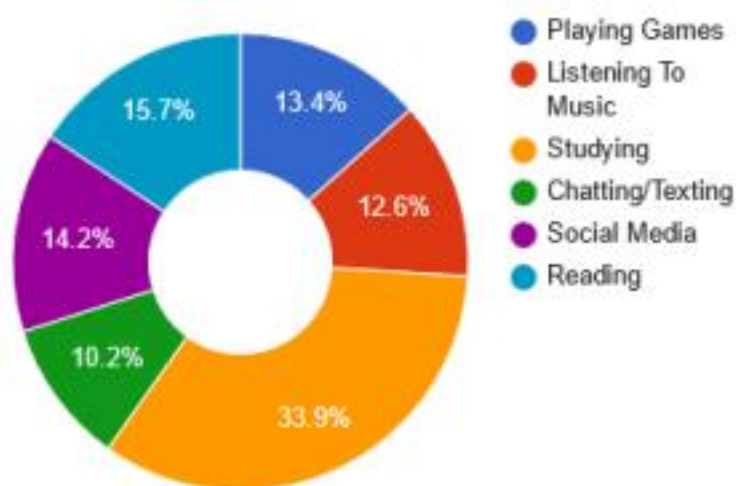and so my internet usage
went down as I had to focus on my
studies.

My general usage gravitated towar
ds educational content once again.
I still did do entertainment related
activities, however.

I spent 77 hours on the internet
during this month. That is; 19.25 per
week and about 2.5 hours per day.

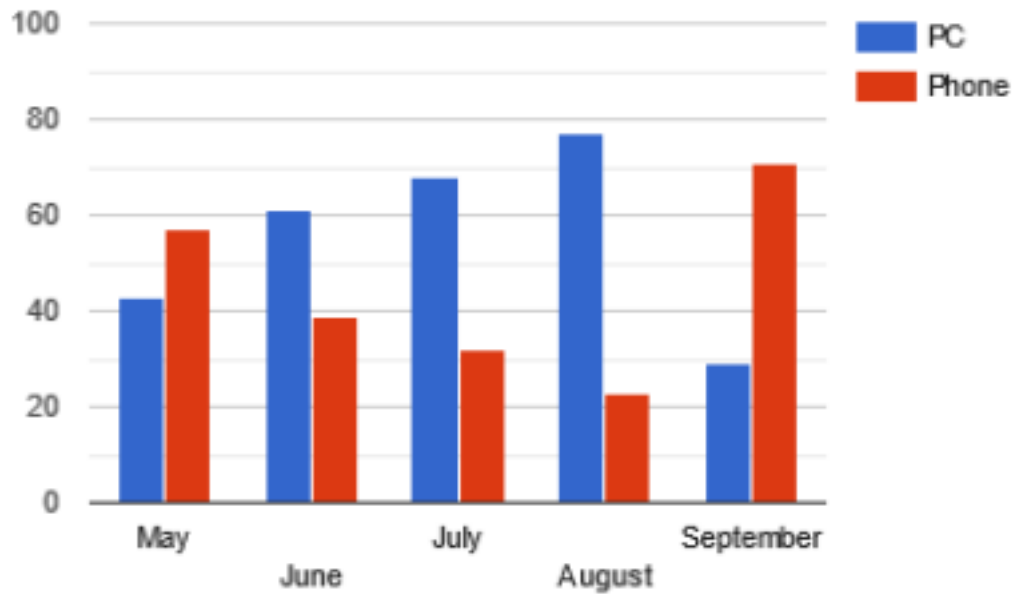I spent 22.5 hours on my computer and 54.4 hours on my phone.

This month, I spent most of my time on the internet to study (26.1 hours), then
reading (12 hours), then social media (11 hours), then playing games (10
hours), then listening to music (9.7 hours), and lastly chatting/texting (7.8
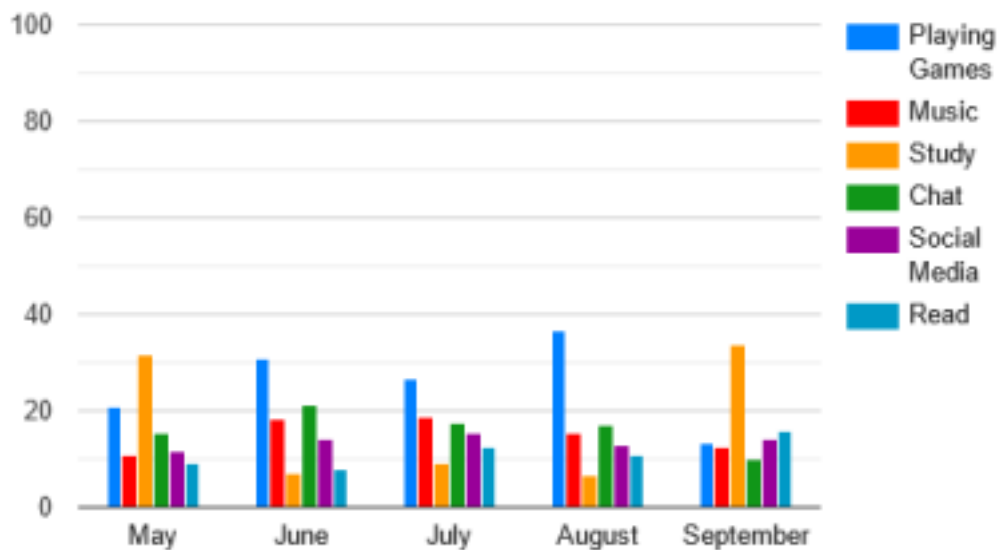hours)

I Spent My Time;

13.4%
12.6%
33.9%
10.2%
14.2%
15.7%

- Playing Games
- Listening To Music
- Studying
- Chatting/Texting
- Social Media
- Reading

<u>SUMMARY</u>

Deviced I Used The Most Each Month:

Legend: PC (blue), Phone (red)

Months: May, June, July, August, September

What I Spent My Time On Each Month:

Legend: Playing Games, Music, Study, Chat, Social Media, Read

Months: May, June, July, August, September

On Average, I spent;

- **121,2** hours a month,

- **30,3** hours a week,

- **3.972** hours a day on the internet.